



**A Parents' Guide  
to the Middle  
School Years**  
By Joe Bruzzese

Because today's children seem to grow up so fast, middle school has become the new high school. Concerns about homework, social issues, sexuality, technology and emotional health confront parents earlier than they would like or expect, leaving many of them feeling lost and overwhelmed.

In *A Parents' Guide to the Middle School Years*, educator and parent Joe Bruzzese offers parents and their children empowering support to face the critical years from sixth to eighth grade with confidence. Helpful hints—including rules for cell phone use, tips for productive parent-teacher relationships and strategies for academic achievement—allow parents, children, educators (and other mentors) to work together as a team.

If your organization or school purchases 100 books or more, the author will host a free parent education night.

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